

JOHN A. SCHMIDT JR., MD
INTERNAL MEDICINE

FOR IMMEDIATE RELEASE

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**Dr. John A. Schmidt, Jr. to Give a Breast Cancer Lecture
at Belmar Public Library Media Center on October 26**

Belmar, NJ, October 12, 2011 – John A. Schmidt, Jr., MD, one of the leading Internists in Monmouth County and one of the first physicians to provide Medical Home services to his patients, is giving a lecture on Breast Cancer on Wednesday, October 26, 2011 at 1:00 PM at the Belmar Public Library Media Center. The library is located at 517 10th Avenue, Belmar, NJ 07719.

“We are experiencing an epidemic of breast cancer which is the most common form of cancer in women after skin cancer. Fortunately, treatments for breast cancer continue to improve making early detection more important than ever,” states Dr. Schmidt. “You can estimate your risk of developing breast cancer by completing a brief questionnaire developed by the National Breast and Ovarian Cancer Centre (NBOCC). The information you submit will be used to calculate your current risk* of getting breast cancer based on your age, family health history and numerous other factors, as well as the results of studies conducted by the NBOCC. Dr. Schmidt will demonstrate how to use the calculator during the lecture. The link to the calculator can be found on www.schmidtmd.com on the Healthy Links page.

A resident of Wall Township, Dr. Schmidt is a Board Certified Internist practicing in Belmar, New Jersey. He is on the staff of Jersey Shore University Medical Center. Dr. Schmidt received his pre-medical education from St. Joseph’s University, where he graduated *magna cum laude* and was co-recipient of the Biology Prize. His Medical Degree is from the University of Pennsylvania School of Medicine. Dr. Schmidt interned and completed his residency in Internal Medicine at the Hospital of the University of Pennsylvania. He then studied for five years at the National Institutes of Health in Bethesda, Maryland, first as an officer in the Public Health Service working in the National Institute of Allergy and Infectious Diseases; and then as a Fellow of the Arthritis Foundation in the National Heart Lung and Blood Institute. More information on his practice is available at www.schmidtmd.com. Dr. Schmidt can be contacted at (732) 282-8166 or johnschmidt@schmidtmd.org.

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* DISCLAIMER

The Breast Cancer Calculator is not intended to provide medical advice, nor to replace medical examinations or the advice or diagnosis of a doctor or health professional. It cannot predict if you **will** develop breast cancer. It estimates your risk based on evidence derived from large-scale studies on breast cancer and the information provided by you, and provides tips for reducing risk based on evidence provided by high-quality research. However, your health is affected by many other factors.

The information provided in the Breast Cancer Calculator is intended for educational and reference purposes only and does not contain comprehensive information about all risk factors for breast cancer.

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