

John A. Schmidt, Jr. MD



Meaningful Medicine in Your Medical Home

FOR IMMEDIATE RELEASE

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**Dr. John A. Schmidt, Jr. to Give a Lecture on
Maintaining a Healthy Heart
Belmar Municipal Building on February 16, 2012**

Belmar, NJ, February 8, 2012 – John A. Schmidt, Jr., MD, one of the leading Internists in Monmouth County and one of the first physicians to provide Medical Home services to his patients, is giving a lecture entitled “Maintaining a Healthy Heart” as part of The Mayor’s Wellness Campaign. This event will take place on February 16, 2012 at 7:00 pm at the Municipal Building, 601 Main Street, Belmar, NJ. It is free and open to all.

In celebration of Heart Health Month, Dr. Schmidt will discuss risk modification strategies to achieve better Heart Health. He will present an easy and comprehensive guide to heart protection, including practical steps patients can take to safeguard their hearts.

A resident of Wall Township, Dr. Schmidt is a Board Certified Internist practicing in Belmar, New Jersey. Dr. Schmidt is on the staff of Jersey Shore University Medical Center. He received his pre-medical education from St. Joseph’s University, where he graduated magna cum laude and was co-recipient of the Biology Prize. His Medical Degree is from the University of Pennsylvania School of Medicine. Dr. Schmidt interned and completed his residency in Internal Medicine at the Hospital of the University of Pennsylvania. He then studied for five years at the National Institutes of Health in Bethesda, Maryland, first as an officer in the Public Health Service working in the National Institute of Allergy and Infectious Diseases; and then as a Fellow of the Arthritis Foundation in the National Heart Lung and Blood Institute. More information on his practice is available at www.schmidtmd.com. Dr. Schmidt can be contacted at (732) 282-8166 or johnschmidt@schmidtmd.com.

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